



TOASTMASTERS INTERNATIONAL

D63 INTERCHANGE

District News and Events

District 63

Fall 2017
Volume 7, Issue 1

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Newsletter Contacts

The D63 Interchange Newsletter is published by the District Public Relations Team.

For article submissions or comments, please email us at:
district63communication@gmail.com

Meet Your District Director, Jimmie Roberts

Jimmie Roberts grew up on his family's small dairy farm in rural Kentucky along the edge of the Appalachian Mountains. To support the family of five, his parents sold burley tobacco, various vegetables and country hams. During the days, he'd be found helping out the family by working

"I am honored to serve as your 2017-2018 District 63 Director and hope each of you will strive to help each other, each member, each club, each area, and each division to reach excellence."

in hay fields and mucking out barns. In his free time, Roberts remembers, "I would play basketball alone or walk about

a half-mile across the fields where a neighboring family had eight children and this was enough for a few competitive games." Growing up in this tight-knit community are why Roberts still considers himself as part of the "Big Blue Nation."

After High School, Roberts decided it was time to see the world and enlisted in the U.S. Air Force. After just three months in service he was trained in jet aircraft mechanics and was soon promoted to Crew Chief on a C-130 aircraft. "My first permanent duty station was in Smyrna TN," Roberts said. "This provided many new and challenging opportunities, one of which was to meet Laura who is now my wife and mother to four children and grandmother five grandchildren."

His unit's primary Air Force missions were to drop

paratroopers into training or combat locations around the world and to move other Air Force units from their home bases to forward bases in areas of concern. Throughout his four years of service, he traveled to many locations in Europe, the Middle East and Asia. Roberts learned many new customs and began developing his leadership skills. In his spare time, Roberts enrolled in night courses at the University of Tennessee Extension School in Nashville. There, he learned how to create Engineering Drawings. After fulfilling his commitment to the Air Force, he was hired as a draftsman for the U. S. Army Corps of Engineers in Nashville where he produced engineering drawings for the Percy Priest Dam, among other things.

The next major stop in his life's journey was to enroll full-time at Tennessee Tech,

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Home Club: (first) Tennessee Talkers Toastmasters, (second) Heart of Tennessee Toastmasters

Active Since: July 2004 Offices Held: Program Quality Director, Club Growth Director, Club Extension Chair, Division Governor (2), Area Governor (2), Club President, Club VPE, Club VPM, Club VPPR

Theme for the year: Strive for Excellence in everything we do. Excellence is not something beyond our reach. It is something that we all can do. Perhaps it is best defined by this quote from John W. Gardiner who said, "Excellence is doing ordinary things extraordinarily well."



TOASTMASTERS PATHWAYS

learning experience



Fall in Love All Over Again this February

In 2010, the Toastmasters Board of Directors crafted a five-year strategic plan that laid out the goals and objectives for the organization over the next five years. The plan's centerpiece? A call to revitalize the Toastmasters education program.

Much of the communication track hadn't been updated since the 1970s, and leadership became a separate track in 2005. The Board stressed the need to modernize the communication track and to renew the focus on leadership learning in the leadership track.

That original vision marked the beginning of a hugely ambitious effort to enhance the education program. The new program, called Toastmasters Pathways, offers members more opportunities to learn and grow, highlighted by greater access to educational materials, expanded tools and resources, and a customized learning experience designed to help individuals meet personal and professional goals.

Toastmasters International began pilot testing the program in January 2017, and has been slowly rolling out the program district by district. Recently, District 63 received the news that the rollout for Pathways has been approved for Region #5. This means our district will have the opportunity start Pathways in **February 2018!**

When PQD, Lindy Estep, used the tag line, "*Leading Through Transition*" in his election campaign, he had expected a much slower transition. "Pathways is coming to District 63 sooner than expected and I get to work with our Ambassador Team to see if I can fulfil that promise," Estep said. "I am nervously excited about this opportunity. However, I am lucky to be surrounded by a great team of leaders in both our Ambassador Team and the our District Leadership. I know that we will work with our membership to create the best experience possible."

Kim Santan was recently appointed as the Chief Ambassador for District 63. "With Don Bittick's

election to the Toastmasters Board of Directors, a vacant spot became available for Chief Ambassador. Since my term in the District Trio came to an end on June 30, it was a perfect time to transition into the role of Chief Ambassador. I have very large shoes to fill coming behind Don, but Don has graciously agreed to mentor me through this process and I am confident our members will help on this journey" said Santan.

Pathways Ambassadors are preparing to meet with club officers over the next few months to help prepare everyone for the transition. Assigned Ambassadors can be found below and on the following pages. Pathway Guides will also be selected in the coming months to help with the technical piece of Pathways.

For more information on the Pathways program, visit www.toastmasters.org/education/pathways or contact Kim Santan, Chief Ambassador at thesantan5@gmail.com or Lindy P. Estep, Program Quality Director at lindyestep@gmail.com. 📌

Ambassador Wendy Lick

B	10	Wednesday Orators Club
B	10	Tuesday Toasters Toastmasters Club
B	10	Twilight Toasters Club
B	10	Lakeway Area Toastmasters
B	11	Twin City Toasters Club
B	11	Northeast Advanced Toastmasters Club
B	11	Toast to Education Club
B	11	Speaking Dynamically
B	11	Wolf Hills Toastmasters

Ambassador Shaun Markwardt

B	22	Oak Ridge Toastmasters Club
B	22	Energy Valley Toastmasters Club
B	22	TIC Talk Club
B	22	Watts-Up Toasters
B	23	Pellissippi Club
B	23	Central Communicators Toastmasters Club
B	23	Fountain City Club
B	23	Downtown Speakers Club

Ambassador Mark LePara

C	32	Chattanooga BCBST Hill Toppers
C	32	Chattanooga Chatters Advanced Toastmasters
C	32	Blue Masters Club
C	32	Atomic Windbags
D	40	Let's Talk Franklin Club
D	40	Prime Meridians
D	42	The Optimizers
E	50	Speak Up NASBA
D	42	Parthenon Club

Ambassador Maureen Proctor

D	42	Brentwood Evening Club
D	42	Nissan Toastmasters
E	50	Nashville Elec Service Club
E	50	Skyline Raconteurs
E	50	Source Masters
E	51	Caterpillar FPD Club
E	51	HCA Creative Articulators Club
E	51	Vanderbilt Toastmasters
E	51	Fearless Communicators

Ambassador Jeri Steele

E	54	Canned Conversationalists
E	54	UBS Nashville Toastmasters Club
E	54	TGL Toastmasters Club
F	60	Springfield Igniters Club
F	60	Hendersonville Club
F	60	Tennessee Talkers Club
F	60	Thoroughbred Toastmasters Club
F	60	Toastera

Ambassador Yvonne Hart

B	20	West Knoxville Club
B	20	Speechmasters Advanced Toastmasters Club
B	20	The Morning Cup
B	20	Clayton Toastmasters Club
B	21	Summit Medical Group Toastmasters
B	21	Whirlpool Elite Toastmasters
B	21	Toasted Fury 9040
B	21	PFJ Masters
B	21	SNI Toastmasters

Ambassador Stacci Thomas

C	30	Monday Mumbler's Toastmasters Club
C	30	Speaking Frankly Toastmasters Club
C	30	Wordspinners Club
C	30	McKee Foods Smile Wrappers Club
C	31	Chatter Masters Club
C	31	Downtown Dazzlers Club
C	31	Unum Toastmasters Club
C	31	Hixson
C	31	Forge To Finish Toastmasters Club

Ambassador Elizabeth Lindsey

D	40	Metro Leaders Club
D	40	Savvy Speakers
D	41	Heart Of Tennessee Toastmasters Club
D	41	Maury County Toastmasters
D	41	Franklin Toastmasters Club
D	41	True Blue Talkers
D	41	Schneider's Electric Toasters
D	42	Brentwood Early Risers Toastmasters Club

Ambassador Chelsea Cooper

E	51	BMI Keynotes
E	52	Nashville Toastmasters
E	52	Harpeth View Toastmasters
E	52	Music City Club
E	52	Nashville Tech Toastmasters Club
E	52	Metroplex Motivators
E	54	James K. Polk Toastmasters Club
E	54	Asurion Toastmasters
E	50	HCA Artful Articulators

Ambassador Sheila Gail Corbin

F	62	Donelson Early Birds Club
F	62	Rivergate Toastmasters Club
F	62	Deipnosophists Club
F	62	Bridgestone Babblers
F	63	Cookeville Club
F	63	Lebanon Toastmasters Club
F	63	Mt Juliet Toastmasters Club
F	63	Cracker Barrel Club

All Aboard the MISSION POSSIBLE Train

by Jene Coy, Club Growth Director

When I began my Toastmaster journey seven years ago, all I wanted to do was to learn how to communicate better. I desperately wanted to be able to talk to people without blushing, looking or feeling stupid. That's was it. Toastmasters was a fun, safe place to visit and I had several co-workers persuading me to come to a meeting. Several months later, after many offers of "come hear me speak," "we have food to eat" and "there's no pressure, just come and check it out," I finally acquiesced. Stepping out of my comfort zone, finding time to do something I'd never done before and the fear of the unknown was conquered.

Guess what? Not only did I survive, but I kept coming back for more. I fell in love with the whole idea that becoming a better communicator was fun and so much better than I ever imagined. Have I arrived? No Way. Can I still improve my speaking skills? You bet. But with each assignment, I gain more confidence and improve my presentation and leadership skills.

You see, Toastmasters is like building blocks. You take the things you learn in one assignment and add them to another, building upon the principles you learned before. Then you take these skills you've practiced and add them to new experiences to progress

further up the chain of knowledge. If you never stop, always looking forward to the mark, you will develop yourself into an expert presenter and known leader.

Working for the District is a great and exciting experience. It has opened up many doors I never thought I would ever walk through and the excitement grows with every turn. Our mission is to build new clubs, while at the same time, retain the clubs we have. Therefore we set out to do Mission Impossible this year. Our mission is to become a Presidential Distinguished District. Our RA, Parron Shannon, told us to aim high, to reach for the stars and set seemingly impossible goals. If we do this the Toastmasters will rise to the occasion. That's how the challenge began.

It has been 28 years since our District was a Presidential District. The leadership cannot do this alone. If we are to accomplish this impossible mission and turn it into a possible mission, it is clear what we need to do. "Every One Recruit One." We ask for every member to do their best to recruit at least one new member this year. We ask for every club to work hard at membership retention so we won't

The District 63 Leadership team have set the following major goals for this year. They are:

Charter 2 new clubs in each of our 5 divisions for a total of 10 new clubs.

While these goals are stretch goals for us, they can surely be attained if we all are working smartly, cooperatively, and with excellence in mind.

Let's all think daily to "Be a yardstick of quality. Some people aren't used to an environment where excellence is expected." - Steve Jobs at Apple.

How these goals will be met:

By supporting each other, we will find that we are: "Achieving Excellence Together!"

lose any clubs. And we encourage every Division to charter two new clubs. This is our Mission Impossible goal.

With your help, we will turn the impossible Mission into a Possible Mission. Let's make it a "Possible Mission." If everyone gets on board the Possible Mission Train, this is what will happen: Every single Division will become Presidential. Wouldn't it be nice to see all 5 divisions become Presidential and the District become Presidential?

We will have more distinguished clubs than ever before, and the people will be asking, "How did you do it?" ■■

MISSION: IMPOSSIBLE

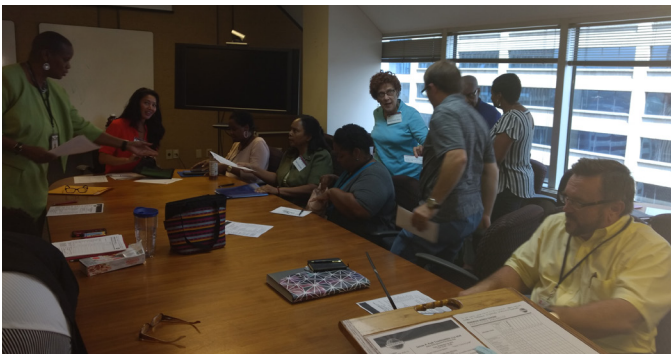
D63 Clubs Take On the Mission Possible Challenge



Bridgestone Babblers



Clayton Technologies



James K. Polk



Hendersonville Toastmasters



NES Toastmasters



Music City Toastmasters



2017 International Convention Highlights

D63 Member Appointed at Toastmasters International Director, Region 5



Donald F. Bittick, DTM, of Franklin, Tennessee, is a project manager and business analyst for HCA Healthcare, in Nashville, Tennessee, where he has worked for 31 years. He has led and served on many diverse teams made up of people with varying skill sets, backgrounds, cultures and ages at one of the largest healthcare companies in the world.

because of his work with local nonprofit agencies. Don also served on the board of directors for Habitat for Humanity of Williamson County in Tennessee. He was responsible for organizing the second largest fundraising event - and annual 5K Thanksgiving Day race.

A Toastmaster since 2001, Bittick is a member of his home club, HCA Creative Articulators, in Nashville. He has held a number of high-profile leadership positions within Toastmasters and attained the Distinguished Toastmaster designation—the highest level of educational achievement in the organization.

Bittick holds a bachelor's degree of science in computer technology from Purdue University in West Lafayette, Indiana. He received the Caring for the Community award, the highest award for community service at HCA,

He believes that everyone has a story to tell, but says “they don’t always have the confidence to share it with others. I’ve witnessed many members develop the confidence to share their stories, make lifelong friends and improve their lives as personal and professional opportunities became available.”

As a member of the Toastmasters International Board of Directors, Bittick is a “working ambassador” for the organization. He works with the Board to develop, support and modify the policies and procedures that guide Toastmasters International in fulfilling its mission. **T**



(L to R) Don Bittick, International Director, Region 5; Jimmie Roberts, D63 Director; Lindy Estep, D63 Program Quality Director; Jene Coy, D63 Club Growth Director; Philip Bendeich, Region Advisor from Australia.

Toastmasters International President, Balraj Arunasalam, DTM and District 63 District Director at the 2017 International Convention.



around THE DISTRICT

Division C celebrated Park(ing) Day on Sept. 15 in Chattanooga. (Park)ing day started a little more than 10 years ago when two men who were fed up about the lack of green space in San Francisco turned a parking space into a mini park. Cities all over the country blocked off sections of metered parking Friday so that people could set up fun activities in the spaces.



Clubs, areas and divisions all across the district have been hosting their humorous speech and evaluation contests in preparation for the D63 Fall Conference competition! Here are some highlights from these events.



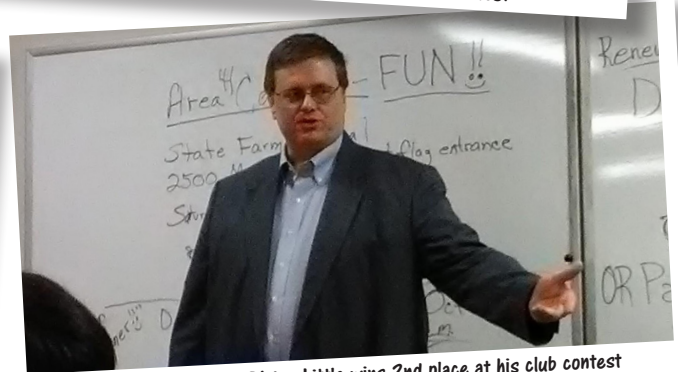
Division C Winners: Mark Oshman (1st in Humor); Sandra Neal (1st in Evaluation); and John Hood (2nd in Humor & Evaluation)



Brentwood Early Risers Members Prentice Doaks (2nd in Humor) and Cecille Slish (first in Evaluation) win at the Area 42 Contest



Hendersonville Toastmasters Member Heidi Latella White takes 2nd place in the Area 60 Humorous Speech Contest.



Heart of TN Member Blaine Little wins 2nd place at his club contest

INNOVATION

Early Bird Rate Extended to Oct. 16 for this Year's District 63 Fall Conference in Chattanooga!

Toastmaster's District 63 Fall Conference is an event where district leaders, club officers and members of all levels gather to learn directly from some of Toastmaster's most inspirational speakers. At this year's fall conference, attendees will be able to experience the best that Toastmaster's has to offer, including networking opportunities, speech contests and educational sessions. This unique experience will leave you energized, inspired and prepared to innovate for success.

INSPIRING SPEAKERS & PANELS



Keynote speaker, Lark Doley, DTM, of Jonestown, Texas, is a senior training coordinator for MAXIMUS,

and a 25-year veteran of Toastmasters. As an officer of the Toastmasters International Board of Directors, Doley is a "working ambassador" for the organization, helping the Board to develop, support and modify the policies and procedures that guide Toastmasters International in fulfilling its mission.

ENGAGING WORKSHOPS

Gain new skills and insight from these hands-on workshops including:

- *Navigating Change*, Sheila Corbin
- *Pour In, Pour Out & Pour With - The Flow of Successful Mentoring*, Doug Smith
- *Avoid Conflict and Conquer Confrontation*, Jeanetta Cothron
- *Fun with Benefits*, Megan Gass
- *Technology, Innovation and Ideation*, Trever Ehrlich
- *Communicating Complex Ideas*, Vahah Hartoonia

EXCITING NETWORKING OPPORTUNITIES

Don't miss your opportunity to participate in the Chili Cookoff, battle it out at the silent auction tables and make new connections with other Toastmasters across the district.

COMPETITION IS GOOD!

Cheer on participants in the Evaluation Contest. Laugh out loud during the Humorous Speech Contest. But most of all, enjoy learning from the best in the district!

Chili Cookoff Challenge!

Prizes will be awarded, but it's really the bragging rights that make this competition so much fun!

Clubs interested in participating should contact Chris Gooden at 865-684-6109 or christopher_gooden@bcbst.com



CONFERENCE SCHEDULE

Friday, Nov. 10
4 - 10 p.m.

Check-in/Registration 4 - 6 p.m.
First Time Attendee Orientation
Opening Session
Keynote Presentation
Evaluation Contest

Saturday, Nov. 11
6:30 a.m. - 11 p.m.

Check-in 6:30 - 8 a.m.
General Sessions
Business Meeting
Silent Auction & District Store
Education & Marketing Awards
Breakout Sessions
Humorous Speech Contest
Awards Presentations

Want More?

**Attend the Leading Edge
Pre-Conference Event!**

D63 has assembled an elite team of dynamic trainers for this one day, two-track event.

Sessions are scheduled to begin at 9 a.m. Friday, Nov. 10, and end at 4 p.m. A networking lunch is included. Continual Education Units (CEU) are available for some sessions.

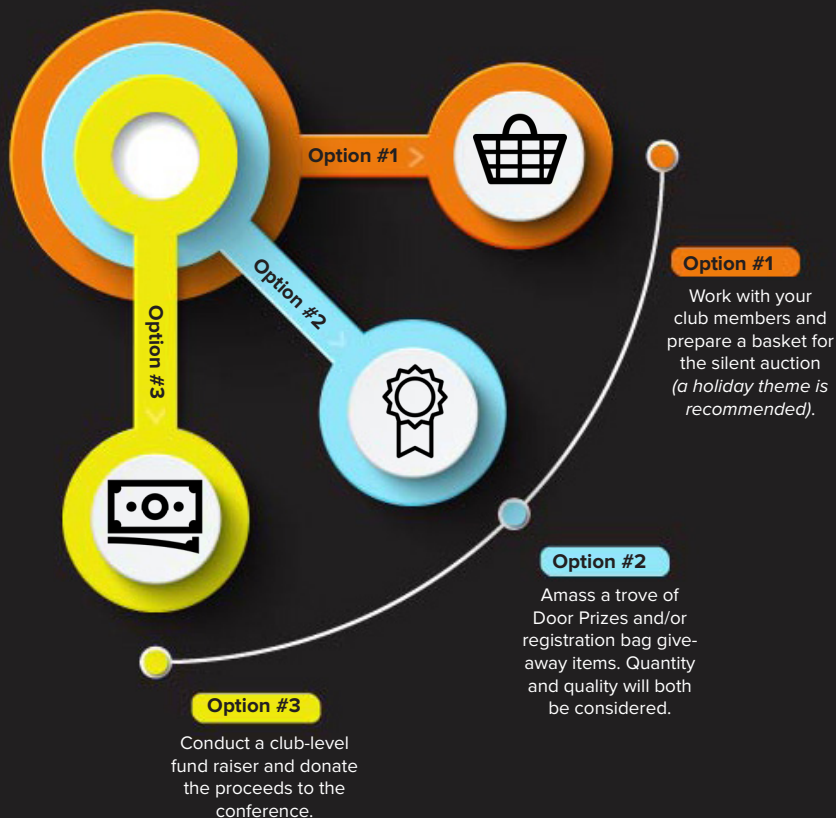
A limited number of seats are still available to D63 members at a cost of \$117 each, but you'll need to act fast to reserve your seat.

Register Now at
<http://bit.ly/D63Edge>

Helping with this year's Fall Conference
can win your club some serious

CONFERENCE CASH

Three Ways to Win!



Three winners will be chosen - one from each category.
The winning clubs will receive \$25.00 in Conference Cash to be applied to EACH member that registers the D63 Spring Conference.
Enter to win at <http://bit.ly/WinMeD63Cash>

Register Today at
<http://bit.ly/D63FallCon17>

Enjoy Your Stay at DoubleTree by Hilton Hotel Chattanooga Downtown



\$119 - Early bird hotel rate (must register before 10/16/17)
\$189 - Hotel rate after 10/16/17

407 Chestnut St, Chattanooga, TN 37402
Call to Book Your Stay Now! (423) 756-5150



2017-18 DISTRICT 63 LEADERSHIP



District Director, Jimmie Roberts
Member of: Heart of Tennessee and Tennessee Talkers Clubs.



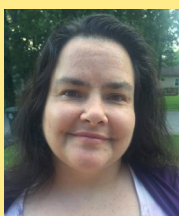
Program Quality Director, Lindy Estep
Member of: HCA Artful Articulators and the Deipnosophists Clubs.



Club Growth Director, Jene Coy
Member of: Forge to Finish and McKee Foods Smile Wrappers Clubs



Public Rleations Manager, Aleshia Garrett
Member of: SpeakUp NASBA



Finance Manager, Cindy Ausberry
Member of: Unum Toastmasters Club



Administration Manager, Laura Kraft
Member of: Metroplex Motivators Club



Immediate Past District Director, Kim Santan
Member of: Unum Toastmasters Club



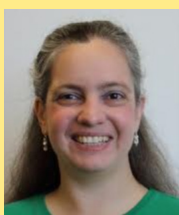
District Parliamentarian, Donn King
Member of: Speechmasters Advanced Club



Club Extension Chair, Mary Mixon
Member of: Speechmasters Advanced Toastmasters and The Morning Cup Clubs



Member Retention Chair, Stacci Thomas
Member of: Forge to Finish, Speaking Frankly and Downtown Dazzlers Clubs



Club Quality Chair, Rebecca Seymour
Member of: Springfield Igniters Club, HCA Artful Articulators and the Deipnosophists Clubs



Division B Director, Mihaela Hembree
Member of: Speechmasters Advanced Toastmasters and Toasted Fury 9040 and Central Communicators Clubs



Division C Director, Doug Smith
Member of: Chattanooga BCBST Hill Toppers and Chattanooga Chatters Advanced Toastmasters



Division D Director, Shawn K. Hawk
Member of: Heart of Tennessee and True Blue Talkers



Division E Director, Bryan C. De Cuir
Member of: Nashville Tech and Harpeth View Clubs



Division F Director, Jeremy Enders
Member of: Rivergate Toastmasters Club

6 Rules of Humor

By Graham Honaker, ACS, CL

1 Find Humor in Everyday Life

Some of the best speeches are inspired by everyday occurrences. In 2013, my wife and I flew with our two young children to Europe. The ensuing chaos on the airplane provided me with enough material to compose my winning speech that year. Think about your everyday life and things that may have a humorous twist to them.

2 Know Your Audience

In a 2009 speech, I compared the delivery of my first child to a Toastmasters meeting. This would have made little sense to a non-Toastmasters audience, but the humorous comparison (using timing cards to help with my wife's contractions) landed perfectly with my audience. Knowing your audience is important when trying to land a punchline.

3 It's a Humorous Speech Contest: Be Funny!

The best speeches are funny throughout. Some speakers work up to a big

laugh at the end, so their speeches are void of humor in the introduction and body. This approach leaves your audience wondering, When do I get to laugh? Launch into a joke right off the bat to get the audience warmed up and kick-start your energy level.



4 Use Props

In the 2013 district contest, I brought a suitcase to show how, ideally, one should travel with kids inside a bag. I closed the speech by donning a pilot's cap. Think about effective props that can enhance your humor.

5 Don't Step on Your Laughter

One of the greatest challenges a humorous speaker faces is to avoid stepping on the audience's response. It takes practice, but you have to allow your audience the time to laugh and soak in the humor. You can kill a joke entirely by rushing to tell your next one. Use effective pauses to enhance those jokes.

6 Consult with Others

Always run your speech by a mentor or trusted advisor. I have seen several contestants essentially eliminate themselves with humor that was deemed offensive. One of the reasons I am a fan of self-deprecating humor is that you only risk offending yourself!

ABOUT THE AUTHOR

Graham Honaker, ACS, CL is a member of the Indy Free Speakers Toastmasters club in Indianapolis, Indiana.

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continued from pg. 1

where he completed his B.S. in Mechanical Engineering. While there, he also learned about programming analog and digital computers. These computer skills allowed him to get a job using computers to control the manufacturing process of auto and architectural glass.

"Being a person who loves challenges and personal growth I moved through a variety of jobs in the digital computer field including scientific (today called Computer Engineering) and business applications," Roberts said. "One of the business applications was in Financial business segment where I was the leader of a group which produced software for the back office, ATMs and teller lines of credit unions."

Robert's later moved on to become the computer center operations manager for the Defense Industry stationed on Kwajalein, an island in the Marshall Island Chain in the Pacific Ocean. After hours, he and his family would enjoy the 85 degree weather, with the 15 Knot Trade winds and 80 degree water temperature. During this time he also

learned to sail and scuba dive.

"I would literally swim among the sharks!" said Roberts. "I made a total of 62 dives with some being at night. Half of those dives had me within 30 yards or less of various sharks. What I learned from these experiences is that if you don't take risks you will never feel the highest rewards of knowing that you can accomplish what you set out to do."

As you can tell, Roberts loved diving and found that treasure hunting among sunken aircrafts, boats and ships from the World War II era was both exhilarating and sobering.

"All my life experiences have brought a feeling of richness to me and have contributed to who I am both as a person and as a leader," he said. "As I have travelled the last thirteen years in my Toastmasters journey I have been enriched greatly. I would like to sum those up in my personal motto which is to, Envision, Empower, and Excel." ■

District 63 2017 Incentive for Toastmasters

All Incentives pending funding availability

District 63 BINGO(July 1, 2017 – May 01, 2018)				
B	I	N	G	O
Serve at Area Speech Contest _/_/_	Attend a Division Speech Contest _/_/_	Pay membership dues to club early (by 9/01/17 or 3/01/17) _/_/_	Serve at Division Speech Contest _/_/_	Serve at a kick off/demo meeting _/_/_
Served as a Club Officer _/_/_	Sponsor 3 new, reinstated, or dual members for your club _/_/_	Give Club Growth Director a new lead that charts _/_/_	Attend 2017 Summer TLI _/_/_	Give a speech at another club _/_/_
Complete a CL Manual _/_/_	Bring a guest to a club meeting _/_/_		Become a Club Sponsor or Mentor _/_/_	Visit another club in your area _/_/_
Visit another club in another district _/_/_	Volunteer on a District 63 Committee _/_/_	Attend the District 63 Spring Conference _/_/_	Complete a CC Manual _/_/_	Present at a District TLI _/_/_
Write an article for your club website or Newsletter _/_/_	Attend the District 63 Fall Conference _/_/_	Visit District 63 website and view D63 Calendar _/_/_	Attend Area Speech Contest _/_/_	Mentor a new club member _/_/_

Rules: Write the date in the block when you complete a task during July 1, 2017 to May 01, 2018; only one task per Toastmasters meeting or event. You win BINGO if you get five across, five down, five diagonal or four corners.

Prizes: Prizes to be announced at a later date. One prize per member. BINGO wins are limited.

Contest starts July 1, 2017 and ends May 01, 2018. Completed cards can be emailed to Jenecoy@gmail.com and must be received by May 15, 2017. Winners will be published on D63 website.

Your Name: _____ Date: _____
 Club Name: _____ Club No: _____
 Club Officer Signature: _____