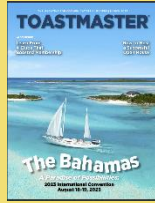




See the March Toastmasters Magazine published online at www.toastmasters.org.



District 63 Toastmasters

Download the newsletter to read additional pages. | March 1, 2023

Speechcraft

Several MTSU students have signed up to be part of the SpeechCraft program from Toastmasters. The meeting dates will be virtual **March 2, 16, 23, and 30** at 7:00 p.m. (Central) Volunteer to help by contacting Jason Cook (jrock917@gmail.com).

Club Celebrates 25th Anniversary

"Local3News thank you for having Denise Reed Is, VP of Public Relations, and Ann Cunningham, VP of Membership, on 3 Plus You. We love sharing how you can improve your public speaking and leadership skills by being a member of our club. Your viewers are invited to our 25th Anniversary on **March 8, 2023**, on Zoom celebration, too. We've included a link to register for our online event [Wordspinners! Celebrate 25th Club Anniversary Tickets, Wed, Mar 8, 2023 at 6:00 PM | Eventbrite.](#)"



Urgent Club Growth Panel

If your club needs assistance, plan to attend the next meeting of the Urgent Club Growth Panel on the **first Tuesday of each month** at 4:00 pm (Central). The Zoom link is here [Launch Meeting - Zoom](#) and also published on the District 63 Calendar. Becky Begarly has a team available and willing to help your club be a success. Request information from BeckyBegarly@gmail.com.

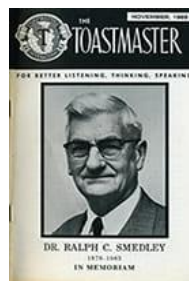
Contest Dates

	International & Table Topics
Area 20-23	March 4, 10:00 am (Eastern) https://us02web.zoom.us/j/88106827467?pwd=bDBWNGYyZmtEWVZtcVlVNm1rS3ZlQT09 Meeting ID: 881 0682 7467 Passcode: 837024
Area 30-33	March 7, 6:00 pm (Eastern) https://us06web.zoom.us/j/89248128822?pwd=OVZxdW9xTmQxYUdjSitkbmVRU0F0UT09 Meeting ID: 892 4812 8822 Passcode: 653852
Area 40-43	Completed
Area 50-53	March 18, 9:00 am (Central) https://us02web.zoom.us/j/89871153004?pwd=aEIEZVBmUExPWUNpREdTWjJmL0J1QT09 Meeting ID: 898 7115 3004 Passcode: 715710
Division B	March 25, 10:00 am (Eastern) Zoom link TBA
Division C	March 30, 6:00 pm (Eastern) https://us06web.zoom.us/j/86525833798?pwd=UERNSW14WHVKcXA0K1JER3F2L0Vadz09 Meeting ID: 865 2583 3798 Passcode: 526979
Division D	See Results Below
Division E	April 1, 9:00 am (Central) https://us02web.zoom.us/j/84713861708?pwd=d0ZEaTNvSU9VNDIjWnk5ZndFSik1dz09 Meeting ID: 847 1386 1708 Passcode: 575262

Contest Results

Division	International	Table Topics
D	1st Dorey Nolan 2nd Beth Malow 3rd Divina Peoples	1st Dorey Nolan 2nd Aleshia Garrett 3rd Wayne Goode

Dr. Smedley's Birthday



"It's time for some birthday cheer: On February 22, 145 years ago, Toastmasters Founder Ralph C. Smedley was born. Dr. Smedley believed in the power of Toastmasters to bring out the best in individuals." ~toastmasters.org Can one person make a difference in many lives? Every member should be able to answer with an enthusiastic YES!

Club Spotlight

Welcome to Division D, Area 42 a new hybrid corporate club that was chartered December 19, 2022!

Name of club: Toastmasters Out Here

Meeting days/times: 2nd and 4th Tuesday and Thursday 3:00pm and 11:30am CST

Club coach/mentors: Kristen Phillips and Andi Creek

Club Officers: President Ryan Samia, VP Education Rajani Merugu

VP Membership Rajeev Chandramana, VP Public Relations Tia

Williams, Secretary Lisa Glosson, Treasurer Kristin Sides, Sergeant at Arms Priya Barkakati

Message from TI

"February 28, 2023

Dear Club Officer,

We are pleased to announce that after a successful pilot, Self-Pay is now available for all clubs to offer to their members! We can't wait for you and your members to experience this easier, more intuitive way of submitting international dues payments.

If your club has decided to use this feature, it's time to enable Self-Pay! To do so:

- Log in to My Home
- Navigate to the Club Contact and Meeting Information page
- Select the toggle button in the Self-Pay Setting section
- Click "Save" at the bottom of the page

Enable Self-Pay

We will be emailing your members soon after you enable the Self-Pay setting to guide them through submitting their own international dues payments.

Please note, even with Self-Pay enabled for your club, you will still have the option to submit international dues payments as normal for any members who do not utilize the feature, now accessible via the new Membership Management page of Club Central.

Sincerely,

Club and Member Support Team

Toastmasters International

toastmasters.org

Membership Campaigns

1. Chambers of Commerce
2. Rotary Clubs
3. Libraries (See example below.)
4. Social Media
5. Toastmasters Smiling Tables
6. Toastmasters Service Projects
7. Other Events (such as parades)
8. Cold Calls (Contact Jason Cook to volunteer.)

Ally Blevins delivered District 63 "Who Me?" flyers to be displayed at the Washington County Library in Abingdon, VA. The gray box at the bottom of the document contains information about the local club, Wolf Hills Toastmasters. The "Who Me?" flyers have been published with previous newsletters and are also available from the District 63 webpage, Public Downloads. The series contains 5 choices beginning with D63PR Flyer. Click here to access the page.

[Downloads - Welcome to District 63](#)

toastmastersdistricts.org. Send pictures of your club participating in the Libraries Campaign to District63communication@gmail.com.



Club Coaches Needed

"We are going to provide \$100 gift cards to anyone who signs up to be a club coach and is successful in that role after 6 months." ~Jason Cook. Email him for more details at jrock917@gmail.com.

Member Spotlight



Summary of interview with Karen Paritee conducted by Barbara Sanders

The purpose of the interview was to find out more about Karen Paritee's new member experience in Toastmasters and to learn what Karen loves about Toastmasters.

Karen is from Providence, RI and currently lives in Nashville, TN.

Question: How did you find the Metroplex Motivators Toastmasters Club?

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Karen went online looking for options to practice interacting with a virtual audience to develop her professional presentation skills in order to conduct webinars.

She found several wonderful clubs locally. Karen enjoys being welcomed and encouraged by all of the Toastmasters that she encounters. Initially, Karen intended to check out several clubs but found that if she did not continue to join the Metroplex club then she would experience FOMO, fear of missing out. She felt as if the members would say something that she could learn from. Karen goes on to say: Since it was happening at every meeting! It's like they just can't help themselves! Karen found that members of the club often say things that she has heard before but they say it in a different way. She shared one of the many quotes that stands out to her: 'You are the sum of the five people with whom you surround yourself'.

Question: What are you looking to get out of Toastmasters?

Karen wants feedback on content that she will present in workshops that she conducts. More specifically, she would like to know if she is clear in what she is saying. She finds that she is receiving much more than this through her membership. Karen adds that she also receives Role Modeling from others who are also presenting information. This Role Modeling gives her an opportunity to listen. By listening, she finds that her speaking and delivering skills are improving. Karen also enjoys receiving immediate feedback from other Club Members.

Toastmasters gives Karen a community of people who are all at different levels, some are new and others are more seasoned. She finds that she can wear many different hats and mimic the speaking styles of other members in order to broaden her speaking skills, until she is as comfortable as they are. Toastmasters is a place where a person is encouraged to raise their voice, Karen shares. She enjoys this aspect of Toastmasters because in life we often face situations where we do not feel comfortable raising our voice and speaking our truest beliefs. She finds this particularly important since it's been said that people would rather face a firing squad than an audience.

Karen recently gave her first speech in the club. She shares some of her thoughts behind the preparation for the speech. Initially, Karen was hesitant to give the speech, but she asked herself, 'What is the worst thing that could happen?' This is her response: You are in a safe space. Karen confided that, given how encouraging the Metroplex Motivators are, she imagined that even if she went to the meeting and became too nervous to speak and sat in front of the camera for 4-6 minutes, she would have still received positive feedback. Moreover, she imagined that someone in the club would have complimented her for simply showing up to the meeting! This aspect of continuous positive feedback encourages Karen to courageously share her thoughts with Club Members.

In Conclusion Karen says that Toastmasters is a place where you practice raising your voice and you watch other people having a similar experience. FOMO, fear of missing out keeps Karen coming back to Toastmasters meeting. Karen says, I joined a group of already accomplished and growth-oriented individuals collaborating to bring out the best in each other. It's clearly in my interest to get to as many meetings as possible. What a wonderful and uplifting community! Also, the continuous positive feedback, the opportunity to wear many different hats and mimic the speaking styles of other members until comfortable with her own helps to broaden her skills. Karen is looking forward to raising her voice and improving her presentation skills as a member of Toastmasters!

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