



# TOASTMASTERS INTERNATIONAL

## The D63 INTERCHANGE

### District 63

**Quarterly Newsletter**  
**Winter 18-19 Edition**  
Volume 8: Issue 2

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D63 Ugly Sweater Contest Participants during our TLI Winter Training.

## Twas the Season for D63's Winter Officer Training

This year's D63 Winter Training Session was as festive as it was educational. We had a full day of speakers and training sessions, including The Gifts of Success. We then celebrate our accomplishments over an awards banquet.

[Check out more fun sweaters and photos on Facebook.](#)

Club Officers who made it out to their different Division Make-up Training Sessions let us know they had a great time too.

Thank you to all of our officers from attending training and bettering their own leadership skills.

Now we're looking forward to our [D63 Annual Conference](#), an event that is sure to be UNFORGETTABLE!



**This year's conference is sure to be UNFORGETTABLE!**

This year's event will be held in the heart of middle Tennessee, at the Cool Springs Marriott in Franklin.

Join your fellow Toastmasters as we kick things off on Friday, April 5 at 6 p.m. with our Keynote speaker, Darren LaCroix and stay for the speech competitions, after party events and more!

**[REGISTER NOW at: bit.ly/2TnXq7w](https://bit.ly/2TnXq7w)**

**EVENT DETAILS**

**Annual Conference Opening Night**

Friday, April 5 | 6 - 11 p.m.

Opening Session, Keynote Open, Table Topics Contest, D63's Got Talent Competition & After Party

**D63 2019 Main Event**

Saturday, April 6 | 8 a.m. - 9:30 p.m.

Keynote Sessions, Educational Tracks, International Speech Contest, Banquet Dinner, DTM Ceremony, Silent Auction and more!

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**PRESALE TICKETS ARE AVAILABLE FOR A LIMITED TIME ONLY!**

**SAVE \$20 PER TICKET THROUGH FEB. 14**

Tickets are \$149 after 2/14. Full Admission tickets include all meals, conference sessions and competition attendance. Customize your experience options are also available at check-out.

**[REGISTER NOW at: bit.ly/2TnXq7w](https://bit.ly/2TnXq7w)**

## Reserve Your Stay Today! Room Block Nearly Sold-Out!



Stay at the newly renovated Franklin Marriott Cool Springs, and enjoy the conference in style. Just 20 minutes south of Nashville, you'll enjoy the latest in guest room design and technology - including Smart TVs outfitted with Netflix, Hulu and more. Stay fit in the 24-hour fitness center or indoor pool, and enjoy plenty of nearby dining and shopping options surrounding the Cool Springs Galleria Mall.

Save with our discounted room rate of \$149/night.  
**BOOK YOUR ROOM at: <https://bit.ly/2QigKkn>**



## A Call to Lead by Kim Santan

### **We want you to Lead in 2019**

We are still seeking out individuals for Division E and F Directors but you must run from the floor. We also have some spots open for Area Directors, PR Manager, Finance Manager and Administration Manager.

This a great opportunity to connect to other Toastmaster members.  
Let me know you're interested ASAP!

Sincerely,  
Kim Santan, DTM, PDD  
District Leadership Committee Chair



# A Letter from our D63 Trio

Hello D63 Toastmasters,

**Announcement:** I'm pleased to announce the results of the confirmation vote in which you recently participated. The results were overwhelmingly in support of moving Jene Coy from Program Quality Director to District Director, replacing Lindy Esteps who vacated the position, and moving Jimmie Roberts, from the position of Immediate Past District Director to Program Quality Director for the remainder of the 2018-2019 term.

**Focus:** The trio wishes to thank you for your ongoing support and want you to know that we intend, with your help, to finish this Toastmaster year strong. We will do our best to help our struggling clubs grow. Our main focus will be on you and your clubs as we complete this year.

**Conference:** Our Annual Conference will be held in Franklin, Tennessee at the Marriott on 700 Cool Springs Road. Please inform your clubs. If members register before Valentine's Day (Feb 14) they will save \$20.00 on the Full Registration Package. The hotel room is separate from the conference registration. You should have received both links in your email. If you did not please check out D63 Website for the latest information. Here is a quick link: <https://d63.toastmastersdistricts.org/>. Darren LaCroix will be our featured Keynote speaker, along with other speakers, we have three speech contests, and plenty of entertainment planned, for you, on Friday night.

**Proxy:** When notified, please plan on attending the conference or filling out your proxy for another club member to vote on your club's behalf. This is your opportunity to have your club's voice heard in the District Election. We need, and want, to hear from you. You are the backbone of this organization and without you we couldn't do anything. Allen Daniels, is the Credential chair and should be notifying you soon with details—if he hasn't already.

**Closing:** If you need anything or have any questions, please reach out to us. We are here for you and we will do what we can to service your needs as quickly as possible.

Jene Coy, Jimmie Roberts, and Stacci Thomas

# Advice from Toastmasters International

## Master the Toast

By Simon Bucknall, ACB, CL



Most people are on autopilot when in “informal toasting mode.” Knowing the moment is ripe for a toast, they may say the right word or words, but without any forethought. In some cases, the clinking of glasses can feel almost transactional. There’s nothing wrong with a one-word toast, but by adding just a few more carefully chosen words, you can make even everyday occasions a little more special. The question is: How best to do it? [Read tips for crafting celebratory words for both casual and formal occasions online.](#)

## Build Your Confidence

4 ways to practice this key leadership trait.



By Jill J. Johnson

To anyone hoping to grow as a leader, one characteristic is sure to help: confidence. Whether you are taking on a leadership role during club meetings or building leadership skills at work, coming across as confident can increase your influence. If you weren’t born the confident leader you’d like to be (and who was?), don’t fret. Confidence can be practiced and improved upon. [Read how to build personal growth online.](#)